



Grief Support and Education Series

A multi-week series of grief support meetings and educational sessions will soon begin for adults of all ages that are grieving the loss of a loved one.

The series is **free of charge** and reservations are required.

Refreshments and a copy of "The New Day Journal" will be provided.

PSOP Building
201 N. Church St., Belleville

This series is sponsored by PSOP, the St. Clair County Mental Health Board and Heartlinks of Family Hospice.



Programs and Services for Older Persons

For more information
or to make a reservation,
contact Jodi Gardner
at **618-234-4410**, ext. **7031**.

Think it. Be it.

